

# RUMTSE TSOMORIRI TREK

**Duration: 11 Days**

**Level: Moderate**

## Day 01: Arrival Leh

Arrival Leh, Wisdom representative will meet, greet, assist and transfer you to Hotel in Leh. Rest of the day free to acclimatize to the high altitude of Ladakh. Overnight at Hotel in Leh.

## Day 02: Leh Sightseeing

Morning after breakfast visit Shey Monastery, proceed to visit Thiksey Monastery. Overnight at hotel in Leh.

Shey Palace And Gompa: Situated on a hillock 15 Kms upstream from Leh, it was once the residence of the royal family. According to tradition, it was the seat of power of the pre-Tibetan kinds. A 7.5 mts high copper statue of Buddha, plated with gold and the largest of its kind, is installed here.

## Thiksey Gompa:

19 Kms from Leh, spectacularly sited, Thiksey is one of the largest and architecturally most impressive Gompas. There are several temples in this Gompas, containing images, stupas and wall paintings of Buddha, which are exquisite.

Day03:In Leh Sightseeing and trek preparation .

Morning after breakfast drive to Takthok monastery and walk to the Chemrey monastery through beautiful villages. And drive to Rumtse village where the trek starting point. In the evening trek preparation and meeting with trek team. Dinner and overnight stay at the camp.

## Takthok Gompa:

The Takthok (the monastery with rock ceiling); 50km. east of Leh, this is the only monastery belonging to the Nyingmapa school of order. The monastery came into existence when Guru Padma Sambhava visited this place and blessed it in the 8th century. The Gompa was merely a meditation cave of Padma Sambhava, with footprints and many other signs, until the reign of King Tsewang Namgail. When Mahasiddha Kunga Phunstog introduced monastic community. It was given the name of Takthok Padmalinggon. The Takthok Festival is held in the month of July or August.

## Chemrey Gompa:

45 Kms from Leh, situated in the picturesque valley leading to Changla, the Gompa was constructed as a funeral act of merit on Singge Namgyal's death in 1645. A large collection of scriptures with title pages in sterling silver and the text in gold letters is kept here. Close by a cave monastery reputed to have been the abode of Padma Sambhava during one of his

periods of meditation.

Day 04 Trek to RUMTSE TO KYAMER {4383m}4/5 hrs

Morning after the break fast cross the river and enter in to the valley through a rough motorable road. after walking for a few minutes cross the river to the left and walk in some direction. cross another tributaries coming from the right side. walk through the some valley finally you turn to the north and the camp site. next to Sephard's place.

#### **Day 05: Trek TO KYAMER TO TISALING[ 4800m] via kyumur la 4870m and mandalchan la [4996m]5/6 hrs**

After a few minutes walk from the campsite the ascent of kyumur la starts its easy but very long way to reach the top. there are beautiful flowers on the way. from the top of the pass the trail divides in to two one goes to your left which leads towards same destination but one day longer. you can take the trail falls on your right hand side. which goes down to stream and start climbing another pass across the stream. there is no trail to be seen for sometimes. but after few minutes, a clear trail leads you to the top of mandalchan la 4996m. the trail goes further up and then steep down on a beautiful area called Tisaling. pitch your tent here near the stream.

#### **Day 06: Trek to TISALING TO PANGUNAGU [TSOKAR] 4398m VIA Shibuk la 5016m 5/6 hrs.**

Today you have to cross shibukla near the camp site. there are two hill saddle, so you have cross right saddle . as soon as you come on the top of the pass you can have view of tsokar lake. walk down the to tsokar lake through as easy descent through the valley. as soon as finish the valley walk through the hill as the camp site is just behind the hill.

#### **Day 07: Trek to PANGUNAGU TO NURUCHAN 4500m 5/6 hrs.**

Today its an easy walk along the lake. motorable road and take the some direction from the end of stupa along the road. after sometime you can have view of Agriculture field. and the 4712m. 3/4 hrs. camp site is just next to the field near the river.

#### **Day 08: Trek to NURUCHAN TO RACH UNGKARU 4668m VIA Horlamkongkala**

AS easy ascend to the pass takes around 1 hours 30 minutes. the trail runs towards north east just after crossing the pass through the valley. the camp site is across the river at the base of the kyamayurla pass.

#### **Day 09: Trek to RACHUNGKARU TO GYAMALHOMA 4895m 6/7 hrs.**

Start climbing kyamayur la pass 5125m as soon as you leave your camp which takes around 2hrs. at average speed. the last climb is tiring one . after the pass the trail leads towards north east and at the end of the valley trail start ascending another small pass called gyamaila 5100m from where you can have view of a group of peaks. walk down towards north east and cross a small river and the gyamalhoma is reached after another river crossing which is also a base for korzok pass.

**Day 10: Trek GYAMALHOMA TO KORZOK [TSOMORIRI LAKE] 4800m 5/6hrs**

Start an easy ascent to the korzok pass along the stream.it takes around 2 hrs to reach the top from where you can have wonderful view of the lake. then steep down to korzok village. you can also camps are lake if you have extra days.one day rest.

**Day 11: Drive back to Leh 230 Km.**

Today you will drive back to Leh. Overnight in the Hotel.

Morning with early breakfast you representative will see off you at Leh airport for boarding.

**Trek rate: On Request**



**TSARAP HIMALAYAN ADVENTURES**